

Curriculum Vitae

Tshepang TSHUBE
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EDUCATION

- 2011-present Ph.D Kinesiology and Exercise Science
Michigan State University, East Lansing (Anticipated
Graduation date: May 2014)
- Major Advisor: Deborah L. Feltz Ph.D
- 2009 M.Ed., Physical Education Department of Physical Education
University of Botswana, Gaborone
- 2007 BA., History and English University of Botswana, Gaborone

ACADEMIC POSITIONS

- Aug 2013-Present Instructor: KIN345: Sports and Exercise Psychology
(Undergraduate Level)
- Jan 2012-May 2012 Instructor, KIN 445: Sociocultural Analysis of Physical
Activity (W) (Undergraduate Level)
- Instructor, KIN 108R Indoor Soccer (Undergraduate Level)
- Instructor, KIN 106C: Introduction to Bowling (Undergraduate
level)
- Aug 2012-Dec 2012 Instructor, KIN 121: Healthy lifestyles (Undergraduate Level)
- Instructor, KIN 103D: General body conditioning I
(Undergraduate level)
- Instructor, KIN 118C: Soccer II (Undergraduate Level)
- Instructor, KIN 106C: Introduction to Bowling (Undergraduate
level)

Jan 2012-May 2012	<p>Instructor, KIN 121: Healthy lifestyles (Undergraduate level)</p> <p>Instructor, KIN 106C-3: Introduction to Bowling (Undergraduate level)</p>
Aug 2011-Dec 2011	<p>Instructor, KIN 173: Foundations of Kinesiology (Undergraduate level)</p> <p>Instructor, KIN 106C-1: Introduction to Bowling (Undergraduate level)</p> <p>Instructor, KIN 106C-5: Introduction to Bowling (Undergraduate level)</p>
Aug 2007-May 2008	<p>Assistant Lecturer, PHR 139: Athletics: Track (undergraduate level) University of Botswana, Gaborone</p> <p>Assisted the lecturer in preparing for lecturers Carried out demonstrations in practical activity courses with students in B.Ed. programme Provided research assistance to students Invigilated examinations Assisted Physical Education students in research methodologies</p>
Aug 2008-May 2009	<p>Assistant Lecturer, PHR 140: Athletics: Field (undergraduate level) University of Botswana, Gaborone</p> <p>Assisted the lecturer in preparing for lecturers Carried out demonstrations in practical activity courses with students in B.Ed. programme Provided research assistance to students Invigilated examinations Assisted Physical Education students in research methodologies</p>
Jul 2009-Dec 2009	<p>Teacher & Assistant Sports Administrator, Physical Education (High School Level) Gaborone, Botswana</p> <p>Ensured the smooth running of sports organization within the school Taught Physical Education Classes Organized school sporting events Cared for sports facilities</p>

Promoted sports services within the school
Fundraised approximately \$1,000 for student athletes

RESEARCH EXPERIENCE

Nov 2010 Research Assistant, Jackson Maletle, Determination of the glycemic Index University of Botswana, Gaborone

- Entered data on various staple carbohydrate-rich foods in the Botswana diet
- Analyzed data on Entered data on various staple carbohydrate-rich foods in the Botswana diet
- Wrote the report the determination of the glycemic index (GI) of various staple carbohydrate-rich foods in the Botswana diet

Research Assistant, Dr Mokgothu, Effects of three sets compared to one sets weight training University of Botswana, Gaborone

Collected data on effects of three sets compared to one sets weight training

Research Assistant, Dr Adegbesan, Eating disorders University of Botswana, Gaborone

- Collected data on eating disorders among athletes in Botswana.

PROFESSIONAL EXPERIENCE

2010-present Store Owner Athletismo Sports Solutions (PTY) LTD Botswana.

- Manage the daily running of the Business
- Manage inventory and manage sales
- Maintain good relations with clients and suppliers and look for more clients

2005-2009 Athlete

- The Botswana National Team
- The University of Botswana Team

ACADEMIC AWARDS

2013-Present International Olympic Committee Postgraduate Studies grant

2013-Kinesiology Department Outstanding Research Award, Michigan State University.

2011-2012 Michigan State University 1st Year PhD Summer Research Fellowship

2011-present Graduate Assistantship, Department of Kinesiology, Michigan State University.

2012 Recruitment Fellowship recipient, College of Education, Michigan State University.

2007-2009 Books Botswana Sports scholarship

2010 Botswana Athletics Association Fund

SCHOLARLY WORK

Moderator

2013 Tshube.T., Michigan State University and University of Botswana Symposium:
theme: *Child development*

2012- Tshube.T., Michigan State University and University of Botswana Panel
Discussion Forum: topic: *Holistic approach to athlete development*

2012- Tshube.T., Michigan State University and University of Botswana Panel
Discussion Forum: topic: *Olympic talent development*

2012 Tshube.T., Michigan State University and University of Botswana Symposium:
theme: *Child development*

Presentations

Tshube.T. Akpata, D. Irwin, B. (July, 2012). *Use of Non-monetary Incentives as a Motivational tool in Sports*. Electronic poster presentation at International Congress of Psychology 2012.

Tshube.T. (May, 2012). *Sports and Academic: Finding the balance*. (University of Botswana).

Tshube.T., Feltz, D. L., & Akpata, D. (Feb, 2012). *Predictors of Collegiate Student Athletes' Susceptibility to Stereotype Threat*. Presentation at the Midwest Sport & Exercise Psychology Symposium.

Invited Lectures

Tshube.T (Sep 2012)- *International Sports*: Guest lecture for Michigan State University course KIN 445 Sociocultural Analysis of Physical Activity (W) (Undergraduate Level)

Tshube.T (March 2012)- *Sports and Politics*: Guest lecture for Michigan State

University course KIN 445 Sociocultural Analysis of
Physical Activity (W) (Undergraduate Level)

Publications (Peer-Reviewed)

Manuscripts published **Tshube, T.**, Akpata, D., & Irwin, B. (2012). *Use of Non-monetary Incentives as a Motivational tool in Sports*. Research Journal of Psychology, (11), 662-670.

Unpublished manuscripts

Tshube.T. (2007). *The history of Nswazwi school-1901 to 1964* (Bachelors degree Thesis)

In-progress

Tshube.T., Feltz, D. L., & Akpata, D. (in-progress). *Predictors of Collegiate Student Athletes' Susceptibility to Stereotype Threat*.

Tshube.T., & Feltz, D. L. (in-progress). *Developing the Whole Athlete: A need in Africa*

CERTIFICATIONS

2011- present **Tshube.T.** IAAF level I Technical Official

2011-present **Tshube. T.** American Red Cross first aid/CPR

COMMUNITY ENGAGEMENT

2012- Re Ba Bona Ha athletes' clinic on School and Sports: Finding the balance

2012-First AID & CPR

2013- Re Ba Bona Ha coaching clinic on Effective Coaching

PROFESSIONAL AFFILIATIONS

North American Society for Psychology of Sport and Physical Activity (NASPSA) - Student member since, 2012 to present

The International Association of Applied Psychology (IAAP) -Student member since, 2012 to present