

Alison Ede Curriculum Vitae
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Michigan State University
East Lansing, MI 48824
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EDUCATION

PhD in Kinesiology, concentration in psychosocial aspects of sport and physical activity

In progress, anticipated completion May 2016

Michigan State University

Advisor: Dr. Deborah Feltz

M.S. in Kinesiology with concentration in sport psychology

Graduated May 2010

University of North Texas

Advisor: Dr. Christy Greenleaf

B.A. in Women's Studies

Carleton College

Graduated cum laude June 2002

Advisor: Dr. Annette Igra

TEACHING EXPERIENCE

Michigan State University (Graduate Teaching Assistant, 2012 – present)

KIN 445: Sociocultural Analysis of Physical Activity

Co-instructed a writing-focused course that included lectures, discussions, and in-class activities focused on U.S. and international sport sociology topics.

KIN 345: Sport and Exercise Psychology

Co-instructed online writing-focused survey course that provides an introduction to the field for undergraduates.

KIN 173: Foundations of Kinesiology

Led lab sections of the introductory kinesiology course. Focused on small group discussion and hands-on activities to introduce students to research methods in Kinesiology sub-disciplines.

KIN 121: Healthy Lifestyles

Taught a combination of lecture, discussion, and group activities. Led in-class workouts addressing the health-related components taught in lecture. Topics include health-related fitness, chronic diseases, and mental health.

Basic Instructional Program

Taught three sections of beginning and advanced volleyball. Content included technical instruction, skill development, conditioning, and rules of the game.

University of Central Oklahoma (Instructor, 2010-2011)

HLTH 1112: Healthy Life Skills

Combination of lecture, discussion, and small-group activities. Topics included health-related fitness and chronic diseases, with a special emphasis on issues affecting the non-traditional student population (mental health, substance abuse, and suicide prevention).

University of North Texas (Teaching fellow, 2007-2009)

PHED 1000: Scientific Principles and Practices of Health-Related Fitness

Led group activities and in-class workouts, graded homework assignments and exams.

KINE 2050: Sociology of Sport

Assisted with in-class activities and graded student term papers.

KINE 3090: Motor Behavior

Graded student quizzes and exams.

Physical activity courses

Taught weight training, general conditioning, and power walking.

Guest lectures

PFKN 170: Foundations of Kinesiology, Lansing Community College

Guest lecture on physiological, sociological, and psychological issues for athletes with disabilities.

KINE 5310: Exercise and Fitness for Special Populations, University of North Texas

Graduate course guest lecture on exercise considerations for spinal cord injuries.

SCHOLARLY ACTIVITY

Publications

Driver, S., **Ede, A.**, Dodd, Z., Stevens, L., & Warren, A. M. (2012). Physical activity barriers for individuals with a TBI. *Disability and Health Journal*, 5, 117-125.

Ede, A., Hwang, S., & Feltz, D. L. (2011). Current directions in self-efficacy research in sport. *Revista de Iberoamericana de Psicología del Ejercicio y el Deporte*, 6(2), 181-201.

Ede, A., Buddhadev, H., Irwin, K., & Driver, S. (2011). Circuit training recommendations for individuals with a traumatic brain injury, *Strength & Conditioning Journal*, 33(4), 48-51.

Irwin, K., **Ede, A.**, Buddhadev, H., & Driver, S. (2011). Physical activity and traumatic brain injury. *Strength & Conditioning Journal*, 33(4), 43-47.

Martin, S. B., **Ede, A.**, Morrow, J. R., & Jackson, A. W. (2010). Statewide physical fitness testing: Perspectives from the gym. *Research Quarterly on Exercise and Sport*, 81(Suppl. 3), S31-S41.

Morrow, J. R. & **Ede, A.** (2009). Statewide physical fitness testing: A big waist or a big waste? *Research Quarterly on Exercise and Sport*, 80(4), 696-701.

Driver, S., & **Ede, A.** (2009). Impact of physical activity on mood after TBI, *Brain Injury*, 23(3), 203-212.

Presentations

Ede, A., & Feltz, D. L. (verbal, June 2013). Self-doubt: Uncertainty as a motivating factor on effort in an exercise endurance task. North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference in New Orleans, LA.

Driver, S., **Ede, A.**, Dodd, Z., Stevens, L., & Warren, A. M. (poster session, February 2012). What barriers to physical activity do individuals with a recent brain injury face? APA Division 22, Rehabilitation Psychology Conference in Forth Worth.

Morrow, J. R., Meredith, M. D., **Ede, A.**, & Martin, S. B. (verbal, December 2009). Texas statewide fitness testing. Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) Conference in Arlington, TX.

Ede, A., Martin, S.B., Morrow, J. R., & Jackson, A. W. (poster session, December 2009). Reliability and validity of FITNESSGRAM® 20-Meter PACER and body composition measures. Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) Conference in Arlington, TX.

Jackson, S., Kessler, K., **Ede, A.**, Williams, K., Smeltzer, L., Greenleaf, C., & Martin, S.B. (poster session, December 2009). Fitness facilities in the DFW metroplex: Are they size friendly? Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD) Conference in Arlington, TX.

Ede, A., Driver, S., & Warren, A. M. (verbal, September 2009). Teaching wheelchair tennis skills to an individual with a spinal cord injury. Congress on Spinal Cord Medicine & Rehabilitation, Dallas, TX.

Driver, S., **Ede, A.**, Dodd, A., Warren, A.M., & Stevens, L. (poster session, July 2009) Physical activity barriers, readiness, and participation among adults with traumatic brain injuries. National Consortium for Physical Education and Recreation for Individuals with Disabilities, Reston, VA.

Driver, S., **Ede, A.**, Dodd, Z., Warren, A. M., & Stevens, L. (poster session, June 2009). Barriers to physical activity faced by outpatients with a TBI. 17th International Symposium of Adapted Physical Activity (ISAPA), Gavle, Sweden.

Ede, A. & Greenleaf, C. (verbal, February 2008). Gender differences in organized youth sports. Eighth Annual Educational Research Exchange, University of North Texas, Denton, TX.

HONORS AND AWARDS

Professional Awards

86th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Conference Best Graduate Student Poster Presentation (2009)

Michigan State University

Michigan State University Fellowship to Enhance Global Understanding recipient (2012)
Michigan State University Distinguished Doctoral Fellowship recipient (2011-16)

University of North Texas

Toulouse School of Graduate Studies Thesis and Dissertation Fellow Award (2009-10)
Jess E. Cearley Award in Kinesiology for Outstanding Graduate Student (2009)
Teaching Fellow of the Year, KHPR Department (2009)
Peggy Richardson Scholarship, KHPR Department (2009)
Kenneth Bahnsen Scholarship, KHPR Department (2009)
Toulouse School of Graduate Studies Master's Fellowship recipient (2007-08)

SERVICE

University

QPR leader, University of Central Oklahoma (2010-11)
Gave presentations to undergraduate students on suicide prevention using QPR (Question Persuade Refer) curriculum, certified QPR instructor through Oklahoma Department of Public Health.

Departmental

Teaching Development Committee chair, Michigan State University (2013-14)
Organized professional development opportunities for the teaching assistants in the Kinesiology department through the Kinesiology Graduate Student Organization.

Community

Team USA head track coach, World Dwarf Games (2013)
Head track coach for Team USA. Coached dwarf athletes of all ages in sprints, relays and throws. Ran clinics, wrote newsletter articles, and coached during the Games.

Sitting Volleyball World Championships, volunteer (2010)
Assisted Paralympic athletes and spectators at the Sitting Volleyball World Championships.

Friday's Kids Respite, Denton, TX (2006)

Volunteer, child care and recreational activities for special needs youth.

Girls on the Run, Boulder, CO (2003)

Running coach for for 3rd grade girls, emphasis on life skill development.

CONSULTING/COACHING EXPERIENCE

Sport psychology consulting

Consultant with various high school teams (2013).

Worked on development of mental skills and leadership with individual athletes (soccer and cross-country).

Coaching positions

Assistant track coach, Lyons High School (2007)

Coached hurdles and high jump for both boys and girls.

Assistant track coach, Niwot High School (2004-06)

Coached hurdles, high jump, sprints, and relays for both boys and girls.

Assistant track coach, CARA youth sports program, City Broomfield, CO (2004)

Youth track coach for athletes ages 5-15.

CERTIFICATIONS

Michigan State University College Teaching Certification (in progress)

Red Cross CPR/AED and First Aid Certifications

USA Track & Field Level 1 Coaching Certification

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

Association for Applied Sport Psychology (AASP)

USA Track & Field